

# Week of Oct 14 - Oct 20, 2030

7:00-22:00 · 30-min slots

## THIS WEEK'S FOCUS

## GOOD THINGS THAT HAPPENED

| Time  | Mon 14 | Tue 15 | Wed 16 | Thu 17 | Fri 18 | Sat 19 | Sun 20 |
|-------|--------|--------|--------|--------|--------|--------|--------|
| 7:00  |        |        |        |        |        |        |        |
| 8:00  |        |        |        |        |        |        |        |
| 9:00  |        |        |        |        |        |        |        |
| 10:00 |        |        |        |        |        |        |        |
| 11:00 |        |        |        |        |        |        |        |
| 12:00 |        |        |        |        |        |        |        |
| 13:00 |        |        |        |        |        |        |        |
| 14:00 |        |        |        |        |        |        |        |
| 15:00 |        |        |        |        |        |        |        |
| 16:00 |        |        |        |        |        |        |        |
| 17:00 |        |        |        |        |        |        |        |
| 18:00 |        |        |        |        |        |        |        |
| 19:00 |        |        |        |        |        |        |        |
| 20:00 |        |        |        |        |        |        |        |
| 21:00 |        |        |        |        |        |        |        |

## Sport to-do

TOP  
PRIORITY  
ERRAND

## Health to-do

TOP  
PRIORITY  
ERRAND