

# Week of Jul 31 - Aug 6, 2024

7:00-22:00 · 30-min slots

## THIS WEEK'S FOCUS

## GOOD THINGS THAT HAPPENED

| Time  | Mon 31 | Tue 1 | Wed 2 | Thu 3 | Fri 4 | Sat 5 | Sun 6 |
|-------|--------|-------|-------|-------|-------|-------|-------|
| 7:00  |        |       |       |       |       |       |       |
| 8:00  |        |       |       |       |       |       |       |
| 9:00  |        |       |       |       |       |       |       |
| 10:00 |        |       |       |       |       |       |       |
| 11:00 |        |       |       |       |       |       |       |
| 12:00 |        |       |       |       |       |       |       |
| 13:00 |        |       |       |       |       |       |       |
| 14:00 |        |       |       |       |       |       |       |
| 15:00 |        |       |       |       |       |       |       |
| 16:00 |        |       |       |       |       |       |       |
| 17:00 |        |       |       |       |       |       |       |
| 18:00 |        |       |       |       |       |       |       |
| 19:00 |        |       |       |       |       |       |       |
| 20:00 |        |       |       |       |       |       |       |
| 21:00 |        |       |       |       |       |       |       |

## Sport to-do

TOP  
PRIORITY  
ERRAND

## Health to-do

TOP  
PRIORITY  
ERRAND