# Week of Jan 24 – Jan 30, 2316

7:00–22:00 · 30-min slots

**THIS WEEK'S FOCUS**

**GOOD THINGS THAT HAPPENED**

| Time | Mon 24 | Tue 25 | Wed 26 | Thu 27 | Fri 28 | Sat 29 | Sun 30 |
|---|---|---|---|---|---|---|---|
| 7:00 | | | | | | | |
| 8:00 | | | | | | | |
| 9:00 | | | | | | | |
| 10:00 | | | | | | | |
| 11:00 | | | | | | | |
| 12:00 | | | | | | | |
| 13:00 | | | | | | | |
| 14:00 | | | | | | | |
| 15:00 | | | | | | | |
| 16:00 | | | | | | | |
| 17:00 | | | | | | | |
| 18:00 | | | | | | | |
| 19:00 | | | | | | | |
| 20:00 | | | | | | | |
| 21:00 | | | | | | | |

**Sport to-do**

TOP

PRIORITY

ERRAND

**Health to-do**

TOP

PRIORITY

ERRAND